



## ACE RMO Intake 2027 Training Year

### Employer Information Sheet

**Te Pae Hauora o Ruahine o Tararua  
| MidCentral Health New Zealand**

**Health New Zealand  
Te Whatu Ora**

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# Te Pae Hauora o Ruahine o Tararua | MidCentral District

## Contact

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## Why MidCentral?

- We are a 356 bed hospital offering a wide range of clinical services
- We provide a supportive learning environment
- Excellent teaching programme
- Plenty of “hands on” experience
- All runs have registrars and consultants
- 4 relief positions to cover leave absences
- 6 relief positions to cover ROs and RDOs
- ‘Prevocationals Educational Supervisor Māori’ for our Māori Interns
- Good quality Community Based Attachments
- Excellent library facilities
- 5 minutes from city centre – no traffic hassles!
- Affordable living expenses

## Attractions to the Region

- No commuting time!
- Bike or walk to work!
- Tramping
- Mountain biking
- A wide range of different sports clubs
- Fishing & hunting
- Kayaking
- World class car, truck, motor bike racing and equestrian events at Feilding’s Manfield Park
- Lots of cafés and restaurants
- 3 live theatre companies
- Attractive, vibrant city centre
- Manawatū River Bridle Path
- 30 minutes to Himatangi Beach and Foxton Beach
- University City
- 2 hour drive to Mt Ruapehu for Whakapapa and Tūroa ski fields
- 2 hour drive to Hawkes Bay
- 2 hour drive to Wellington
- 3 hour drive to Taupō
- Good airport with regular flights to Auckland and the South Island

## Selection Criteria

- Cover letter giving reason for choosing Palmerston North e.g. studied here, family ties, wanting to work in a medium sized DHB
- Academic Achievement Record
- ACE References

- Consideration of ACE scoring
- Previous work experience/volunteer experience
- Personal interests/ hobbies

## Positions Available

The number of positions expected per District will be released on the ACE RMO website during 2026

### PGY1 Runs

- General Medicine
- Respiratory
- Elder Health
- Old Age Psychiatry
- Psychiatry
- General Surgery
- Orthopaedics
- ENT/Ophthalmology
- Urology
- Obstetrics & Gynaecology (Q4)
- General Practice/Hospice (Q4)

### PGY2 Runs

- As above +
- General Practice – 6 different general practice options
- St John Ambulance
- Hospice
- Medical Education (0.5FTE with balance as Medical or Surgical Relief)
- Cardiology
- Renal
- Emergency Medicine
- Haematology
- Medical Oncology
- Radiation Oncology
- Paediatrics (from Q3 PGY2)
- Elder Health/ Rehab/ Community
- ENT
- Urology
- ICU (PGY3)
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on a few factors. If you want to be considered for a late start please contact us directly prior to close of applications to discuss your circumstances.

## **Part-time work**

We are open to discussing part-time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

## **Vocational Training**

All specialties of General Surgery; Orthopaedics; ENT; Urology; General Medicine and Sub-specialties; Anaesthetics; Obstetrics & Gynaecology; Pediatrics; Radiology; Radiation Oncology; Medical Oncology, Haematology; Emergency Medicine; Palliative Care and Psychiatry have both training and non-training registrar positions available.

## **Regular House Officer Teaching**

The Teaching Programme is well supported with a Teaching Group that plans the programme from Trainee Intern through to PGY2. The Medical Education House Officer provides over all coordination including organising facilitators, attending all sessions and managing pagers.

- Weekly PGY1 teaching sessions on Tuesday and Friday
- PGY2s participate in departmental teaching as well as Intern Teaching.
- Grand rounds for Medicine and Surgery
- ACLS/APLS/Newborn Life Support
- MidCentral wide education programme through Education Centre
- Ko Awatea online learning
- Departmental teaching

## **Rosters**

Rosters vary across the specialties however to give you an idea: Both Surgical and Medical House Officer rosters are Schedule 10 rosters with long days and weekends but no nights for the first six months.

## **PGY1 Average Pay**

Most medical and surgical runs are Category D or Category C runs (NZRDA: \$98,381 - \$111,905; STONZ: \$103,700 - \$118,170)